

# **NARCAN**<sup>®</sup> (naloxone HCl) **NASAL SPRAY 4mg**

- **KEY INSIGHTS INTO OPIOID EPIDEMIC**
- **WHAT IS NARCAN• NASAL SPRAY?**
- **BEST PRACTICES**
- **COMMUNITY PROGRAMS**

## **COMMUNITY PROGRAMS**

Numerous resources are available to aid in expanding public awareness and education.

In response to a growing need for education, awareness, and training resources around opioids and opioid safety, various community programs are available for qualified entities. This includes grants to professional and community-based organizations for educational efforts about opioid abuse and the risks of opioid medications in the community.

### **NARCAN• Nasal Spray Public Libraries Program**

Public libraries in the United States are eligible to receive 1 carton of NARCAN• Nasal Spray (2 doses) along with educational materials to facilitate Opioid Awareness Training for the community.

**Opioid Awareness Education is available [here](#).**

For ordering information, please download the form in the link below and send to [communityprograms@ebsi.com](mailto:communityprograms@ebsi.com) or call 1-844-4-NARCAN (1-844-462-7226).

### **[Public Library Order Form](#)**

### **NARCAN• Nasal Spray YMCA Program**

The Y is a leading nonprofit, strengthening community through youth development, healthy living and social responsibility. The makers of NARCAN• Nasal Spray are proud to work with the Y in support of its mission. Through this collaboration, every YMCA is eligible to receive 1 carton of NARCAN• Nasal Spray (2 doses) and educational material at no cost.

**Opioid Awareness Education is available [here](#).**

For ordering information, please download the form in the link below and send to [communityprograms@ebsi.com](mailto:communityprograms@ebsi.com) or call 1-844-4-NARCAN (1-844-462-7226). Please provide the official name of your YMCA Association and your Corporate Association Number with your request.

## **YMCA Order Form**

### **NARCAN® Nasal Spray Schools Program**

High schools, colleges and universities, in addition to other organizations, can play a crucial role to change the course of the opioid overdose epidemic. Each State Department of Education or individual school can prepare high schools, colleges and universities across the country for an opioid overdose emergency by stocking NARCAN® Nasal Spray. In an effort to support this cause, every high school throughout the country has access to 2 cartons of Nasal Spray (4 doses) and up to 4 cartons (8 doses) for Title IV, degree-granting 2- and 4-year institutions at no cost.

Through an educational grant to the National Association of School Nurses (NASN), a free Naloxone in Schools Toolkit was developed to assist school nurses in educating students, parents, faculty, staff and all community stakeholders about the risks of prescription and illicit opioid medications in the community.

**The free (NASN) Naloxone in Schools Toolkit is available [here](#).**

For ordering information, please download the form in the link below and send to [communityprograms@ebsi.com](mailto:communityprograms@ebsi.com) or call 1-844-4-NARCAN (1-844-462-7226).

### **High School Order Form**

### **College & Universities Order Form**

### **Minnesota Multi-State Contracting Alliance For Pharmacy (MMCAP)**

ADAPT Pharma, in partnership with Minnesota Multistate Contracting Alliance for Pharmacy (MMCAP), offers NARCAN® Nasal Spray to approved MMCAP members at a discounted contracted price. For more information, please contact Adapt Pharma at [1-844-462-7226](tel:1-844-462-7226).

MMCAP membership is open to government entities. More information can be found at [www.mmcap.org](http://www.mmcap.org).

**MMCAP members, [click here](#) to download the Declaration Form.**

## **INDICATION AND IMPORTANT SAFETY INFORMATION**

### **What is NARCAN® (naloxone HCl) Nasal Spray?**

- NARCAN® (naloxone HCl) Nasal Spray is a prescription medicine used for the treatment of an opioid emergency such as an overdose or a possible opioid overdose with signs of breathing problems and severe sleepiness or not being able to respond.
- NARCAN® Nasal Spray is to be given right away and does not take the place of emergency medical care. Get emergency medical help right away after giving the first dose of NARCAN® Nasal Spray, even if the person wakes up.
- NARCAN® Nasal Spray is safe and effective in children for known or suspected opioid overdose.

### **IMPORTANT SAFETY INFORMATION**

#### **What is the most important information I should know about NARCAN® Nasal Spray?**

NARCAN® Nasal Spray is used to temporarily reverse the effects of opioid medicines. The medicine in NARCAN® Nasal Spray has no effect in people who are not taking opioid medicines. Always carry NARCAN® Nasal Spray with you in case of an opioid emergency.

1. Use NARCAN® Nasal Spray right away if you or your caregiver think signs or symptoms of an opioid emergency are present, even if you are not sure, because an opioid emergency can cause severe injury or death. Signs and symptoms of an opioid emergency may include:
  - unusual sleepiness and you are not able to awaken the person with a loud voice or by rubbing firmly on the middle of their chest (sternum)
  - breathing problems including slow or shallow breathing in someone difficult to awaken or who looks like they are not breathing
  - the black circle in the center of the colored part of the eye (pupil) is very small, sometimes called "pinpoint pupils," in someone difficult to awaken
2. Family members, caregivers, or other people who may have to use NARCAN® Nasal Spray in an opioid emergency should know where NARCAN® Nasal Spray is stored and how to give NARCAN® before an opioid emergency happens.
3. **Get emergency medical help right away after giving the first dose of NARCAN® Nasal Spray.** Rescue breathing or CPR (cardiopulmonary resuscitation) may be given while waiting for emergency medical help.
4. The signs and symptoms of an opioid emergency can return after NARCAN® Nasal Spray is given. If this happens, give another dose after 2 to 3 minutes using a new NARCAN® Nasal Spray and watch the person closely until emergency help is received.

#### **Who should not use NARCAN® Nasal Spray?**

**Do not use NARCAN® Nasal Spray** if you are allergic to naloxone hydrochloride or any of the ingredients in NARCAN® Nasal Spray.

#### **What should I tell my healthcare provider before using NARCAN® Nasal Spray?**

Before using NARCAN® Nasal Spray, tell your healthcare provider about all of your medical conditions, including if you:

- have heart problems
- are pregnant or plan to become pregnant. Use of NARCAN® Nasal Spray may cause withdrawal symptoms in your unborn baby. Your unborn baby should be examined by a healthcare provider right away after you use NARCAN® Nasal Spray.
- are breastfeeding or plan to breastfeed. It is not known if NARCAN® Nasal Spray passes into your breast milk.

**Tell your healthcare provider about the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

#### **What are the possible side effects of NARCAN® Nasal Spray?**

**NARCAN® Nasal Spray may cause serious side effects, including:**

**Sudden opioid withdrawal symptoms.** In someone who has been using opioids regularly, opioid withdrawal symptoms can happen suddenly after receiving NARCAN® Nasal Spray and may include:

- body aches
- diarrhea
- increased heart rate
- fever
- runny nose
- sneezing
- goose bumps
- sweating

- yawning
- nausea and vomiting
- nervousness
- restlessness or irritability
- shivering or trembling
- stomach cramping
- weakness
- increased blood pressure

In infants under 4-weeks old who have been receiving opioids regularly, sudden opioid withdrawal may be life-threatening if not treated the right way. Signs and symptoms include: seizures, crying more than usual, and increased reflexes.

These are not all of the possible side effects of NARCAN® Nasal Spray. Call your doctor for medical advice about side effects. You may report side effects to the FDA at **1-800-FDA-1088** or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).

Please see [full Prescribing Information](#), including the [Patient Information](#), for NARCAN® Nasal Spray.

**References:** 1. Surgeon General's Advisory on Naloxone and Opioid Overdose. U.S. Department of Health and Human

Services. <https://www.surgeongeneral.gov/priorities/opioid-overdose-prevention/naloxone-advisory.html>. Accessed May 2018. 2. Rudd RA, Seth P, David F, Scholl L. Increases in Drug and Opioid-Involved Overdose Deaths — United States, 2010–2015. *MMWR*. 2016;65:1445–1452. 3. Elzey MJ, Barden SM, Edwards ES. Patient characteristics and outcomes in unintentional, non-fatal prescription opioid overdoses: A systematic review. *Pain Physician*. 2016;19:215-228. 4. Substance Abuse and Mental Health Services Administration. National Survey on Drug Use and Health. Available at: <https://www.samhsa.gov/data/sites/default/files/NSDUH-DetTabs-2016/NSDUH-DetTabs-2016.pdf>. Accessed August 2018. 5. Sun EC, Jena AB. Distribution of Prescription Opioid Use Among Privately Insured Adults Without Cancer: United States, 2001 to 2013. *Ann Intern Med*. 2017;167(9):684–686. 6. Jones CM, Logan J, Gladden RM, Bohn MK. Vital Signs: Demographic and Substance Use Trends Among Heroin Users—United States, 2002–2013. *MMWR*. 2015;64:719-725. 7. Drug Enforcement Administration. DEA issues nationwide alert on fentanyl as threat to health and public safety. Available at: <https://www.dea.gov/press-releases/2015/03/18/dea-issues-nationwide-alert-fentanyl-threat-health-and-public-safety>. Accessed August 2018. 8. NARCAN® Nasal Spray. Prescribing Information. Adapt Pharma, Inc. Radnor, PA; 2017.